



Help Yourself To Health!

Wed 4 Oct 2 - 5.00pm

Hollesley Village Hall

CCG Dementia Friendly

Checks & Services

Suffolk Carers

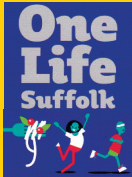
Advice

Wellbeing Suffolk



* **Free health check** *

APH Physio



* **Flu Vaccinations**

Hearing Care

* **Defibrillation training - basic life support**

St Elizabeth

Hospice - bucket

Sue Ryder Care 

Citizens' Advice

* **Hearing Bus - free hearing test**



Surgery's Dispensary Team



The Peninsula Practice

The Small Practice with a Big Heart

Organised with The Peninsula Practice Patient's Group