



The Peninsula Practice and Church Farm Surgery Merger Update

After our successful consultation meetings the proposal for merging the two surgeries will be sent to the Care Commissioning Group Mid-September. We expect to hear a decision by the end of October.

Please visit our website www.thepeninsulapractice.co.uk news page to view the Questions and Answers from Consultation Meetings

WELLBEING AND HEALTH EVENT

THURSDAY 10TH OCTOBER Hollesley Village Hall 14.00 -17.30

We are delighted to announce that The Peninsula Practice in conjunction with our Patient Participation Group will be hosting a Wellbeing & Health Event on Thursday 10th October at Hollesley Village Hall between 14.00 and 17.30.

Along with the **WALK IN FLU CLINIC**, there will be a host of interactive stands and information from: Citizens Advice, Physiotherapy, Suffolk Family Carers, Onelife Suffolk, St Elizabeth Hospice, Wellbeing/Shaw Trust, Good Neighbourhood, Social Prescribing, Healthwatch, Compassionate Communities.

PLEASE DO COME ALONG EVERYBODY IS WELCOME

We Close For Training On The Following Afternoons

Wednesday 11th September

Thursday 10th October

Wednesday 6th November

Wednesday 11th December

From 13.00 your telephone calls will be diverted to NHS 111

Staff Meeting Closure Afternoon

The surgery will close from 13.30 -16.00 on Wednesday

STUDENT LIFE EVENT – MYTH BUSTING MENTAL HEALTH

Wednesday 18th September
16.30 18.30

The Suffolk Punch Trust, Hollesley IP12 3JR

It's time for young people in our community to be given the chance to talk openly about mental health. None of us are experts but we don't have to be to be able to talk and listen; we can be that friendly face when family, friends, school friends or college classmates need help, support and understanding, so please join us at The Suffolk Punch Trust to meet the Student Life Team and find out more; please go to www.trainingforlife.org.uk to book you place.

The PPG will do their best to make sure there is enough biscuits, cakes and a cuppa for everyone.

The Peninsula Practice Patients Participation Group (PPG) invited Student Life; if you would like to find out more about them please go to <https://www.student-life.co/>.

If you want to get in touch with the PPG please email us at peninsulapracticeppg@gmail.com

Tara Foy, Chairperson,
The Patient Participation Group

Chronic Disease Reviews

We would like to thank everyone for their patience during the installation and bedding in period for the new system now being used to call in patients for their chronic disease reviews. We received quite a few comments and complaints regarding the new format letter attached to this system and this has now been altered and it appears to be proving much better.

And thank you to all the patients who complete and return their reply slips to inform us that they do not intend to book an appointment for their yearly review. Whilst we would rather all patients attended for their review, this information does help the practice to keep accurate records and avoids wasting precious time and resources.

Citizens Advice Surgery Dates

5th September - 11th October

8th November - 13th December

**Bookable Appointments
Available or Please Drop In**

Ipswich Hospital Waiting Times If you have been referred to Ipswich Hospital please be aware that waiting times for appointments at Ipswich Hospital can be in excess of 30 weeks.

For further information please contact Ipswich Hospital Appointment Centre

08458 400200

Flu Vaccination Season Everybody over the age of 65 is eligible for a Flu Vaccination. Anybody under the age of 65 who is eligible will receive a letter from The Peninsula Practice inviting them to attend a Flu Vaccination Clinic.

Our **1st Flu Clinic, is a walk in clinic and will be held at our Wellbeing and Health Event on 10th October at Hollesley Village Hall 14.00 -17.30.**

Further flu clinics will be held throughout the season please contact the surgery for further information.

Suffolk Family Carers

Suffolk Family Carers (SFC) is a charity providing support to family carers of all ages across Suffolk. Recently they secured funding to provide monthly GP drop in services across East Suffolk.

Our dedicated GP Family Carer Advisor will be Mandy Logan. She will be in the waiting area at Orford surgery on the 3rd Monday of every month between 9.30am and 11.30am, starting on 21st October.

This service is completely free of charge. It enables an expert to be on site to help people identify themselves as carers and provide them with relevant information and guidance, to enable them to access available services. This will also help the practice identify people who may be providing care that we are unaware of.

New staff/New Roles

Welcome to Dr Louisa Docherty GP registrar who joins us for six months and Dr Ammara Saleem who will be with us until December 2020.

Sophie Foreman is in the process of switching roles from Dispenser to the role of Health Care Assistant.