



IN ASSOCIATION WITH
STUDENT *Life*

Myth Busting Mental Health

A presentation and awareness event to stamp out the stigma and normalise speaking up and speaking out about mental health in children and adults.

Wednesday 18 September 2019

4.30pm to 6.30pm at The Suffolk Punch Trust, Hollesley IP12 3JR

- Secure your place by booking at www.trainingforlife.org.uk
- Entry by FREE advance tickets only
- FREE refreshments
- FREE Parking