



# Suffolk Young Dementia Network

*... so no one journeys alone.*

**Please get in touch and we can connect  
you in different ways.**

**Find out more about the network:  
[meetup.com/Suffolk-Young-Dementia-Network/](https://www.meetup.com/Suffolk-Young-Dementia-Network/)**

**Contact our Network Coordinator via :  
[youngdementia@bwis.online](mailto:youngdementia@bwis.online) or 07885525188**