



# The Peninsula Practice

DAY	ALDERTON	ALDEBURGH	ORFORD	HOLLESLEY
Monday	8.00 to <b>14.30</b>	8.00 to 18.30	8.00 to 18.30	13.30 to <b>17.30</b>
Tuesday	8.00 to 18.30	8.00 to 18.30	<b>CLOSED</b>	<b>CLOSED</b>
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>	<b>CLOSED</b>
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>	<b>CLOSED</b>
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>	<b>CLOSED</b>

## STAFF TRAINING DATES

Aldeburgh and Orford surgeries will be closed for staff training on Wednesday 1<sup>st</sup> March from 13.00. Alderton surgery will be open for booking future appointments only, and Alderton pharmacy will be open. All calls will continue to be redirected to 111 for this afternoon.

This means that there will be no clinical staff available during this afternoon at any site.

**When the surgery is closed please call NHS 111.**

### Hollesley Surgery

Our practice, which runs a primary care service in Hollesley village for four hours each Monday afternoon, is running an engagement exercise to seek views on a proposal to withdraw this branch service from the Hollesley site.

Please go to our website to find out more and how to submit any feedback by 5<sup>th</sup> March.

### Compassionate Companions

What if we could support you and other Ipswich and East Suffolk residents to feel more confident and able to offer compassionate support for people towards the end of their lives, and their loved ones?

Imagine having the training, ongoing support, knowledge and confidence to be a companion volunteer, working alongside other members of the community and clinical teams to provide the best possible care to those at the end of their lives.

Our next course of Companion training is taking place on 24<sup>th</sup>, 25<sup>th</sup> & 26<sup>th</sup> April 2023 in Kesgrave. There are currently some spaces available for people who are interested in becoming trained Compassionate Companions.

To find out more and register for the training, please email Sheila at [sheila.stoker1@nhs.net](mailto:sheila.stoker1@nhs.net).



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