



The Peninsula Practice

DAY	ALDERTON	ORFORD	ALDEBURGH	HOLLESLEY
Monday	8.00 to 14.30	8.00 to 18.30	8.00 to 18.30	13.30 to 17.30
Tuesday	8.00 to 18.30	CLOSED	8.00 to 18.30	CLOSED
Wednesday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Thursday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED
Friday	8.00 to 18.30	8.00 to 13.00	8.00 to 18.30	CLOSED

August Bank Holiday

The surgery will be closed on Bank Holiday Monday 29th August.

When the surgery is closed please call NHS 111.

Flu season 2022

We are busy organising our flu program for 2022; once again we plan to host a full day of flu vaccinations at Aldeburgh Community Centre, Hollesley Village Hall & Orford Surgery. Dates will be published very soon; please keep an eye on our website and Facebook for more information.

Ear care services

We are very happy to be offering wax removal services by Ear View at Alderton and Aldeburgh surgeries. With the services no longer being provided on the NHS, Ear View offers microsuction and irrigation ear wax removal at one standard cost of £49.50 per appointment. If you would like to book an appointment, you can book online at www.earview.co.uk or call 07925 651116. If you have any questions, please email info@earview.co.uk.

Social prescribing

Social prescribing allows clinicians and medical professionals to support patients with non-clinical services by referring them to local specialists. This is known locally as Connect for Health and can support people with long-term conditions, welfare benefits, isolation, lifestyle and other needs. It is free and confidential, and for anyone 18+. To find out more, please call the surgery on 01394 411641 or email Connect for Health at C4h.suffolk@nhs.net or call them on 01394 332265.

www.thepeninsulapractice.co.uk

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