



# The Peninsula Practice

DAY	ALDERTON	ALDEBURGH	ORFORD
Monday	8.00 to <b>14.30</b>	8.00 to 18.30	8.00 to 18.30
Tuesday	8.00 to 18.30	8.00 to 18.30	<b>CLOSED</b>
Wednesday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>
Thursday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>
Friday	8.00 to 18.30	8.00 to 18.30	8.00 to <b>13.00</b>

Staff training is important for our practice. On the following days, surgery sites are closed from 13:00 until the following day.

The specified site is open for booking future appointments and accessing repeat prescriptions.

- Thursday 18<sup>th</sup> April – Alderton
- Wednesday 15<sup>th</sup> May – Aldeburgh
- Thursday 13<sup>th</sup> June – Alderton

All calls will be redirected to 111.

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### **We offer an increasingly wide range of NHS services to our patients:**

- Memory checks (if worried about dementia)
- Menopause management
- Paramedic appointments
- Same day physiotherapy for acute musculoskeletal symptoms
- Ultrasound (by referral)
- Single skin lesion clinic
- Mental health and wellbeing support
- Insomnia support - SleepStation (a bespoke programme)
- Travel health
- Social prescriber – support for non-clinical health and wellbeing needs
- Compassionate Companion service – to support end of life choices and care
- Full contraception services (eg coils) and sexual health

*Also available at our practice are non-NHS services (charged):*

- Chiropody – foot care appointments & home visits
- Ear care – wax removal (see website)

### **Spring Covid Programme**

Details about the Spring Covid Booster programme are being released and we have the following details to share:

From 15<sup>th</sup> April, the vaccination programme will begin by protecting our care home residents and housebound patients – these people will be contacted directly.

From 22<sup>nd</sup> April, we will be vaccinating our patient population aged over 75, and people who are immunocompromised.

Text invites will be sent to eligible patients closer to the time – please ensure that you have shared your current mobile number with us.

### **Vacancies at the Peninsula Practice**

The Peninsula Practice is a surgery of around 40 staff, working closely and collaboratively to deliver care to our patients. We are a progressive training practice with an ethos of shared learning and an open-door support culture; we have been awarded outstanding in 4/5 areas (2016 & 2019 - currently highest scoring in Suffolk).

When we have vacancies, we post them on our website, on social media, and Indeed.

**01394 411641**

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**<https://www.thepeninsulapractice.co.uk>**