

Orford, Gedgrave & Sudbourne Park Good Neighbour Scheme

Coronavirus (Covid-19) and Self-Isolating

Assistance with Shopping and Medical Prescription Collection

If you are self-isolating and have no one to pick up shopping or a prescription for you the Orford Good Neighbour scheme may be able to help.

Please call the scheme number 01394 450235 if you would like to use this service, it is available to all residents of Orford regardless of age.

Shopping from Orford General Store

We can arrange for a volunteer to pick up pre-ordered items from Orford General Store and deliver them to your doorstep. You must avoid contact with our volunteers so the items **must** be ordered either online or by telephone and paid for by bank card.

Medical prescriptions from Orford Surgery

We can pick your medication up and post it through your letterbox or leave it outside on the doorstep if large. If you are under 60 and pay for your medication you will need to ring the surgery pharmacy and pay using a bank card. If you are under 60 and have a medical exemption, we will need the exemption number.

We need to try to stop or delay coronavirus from spreading in our community. Self-isolating according to Government guidance is vital if you have a new continuous cough or a high temperature.

Useful Telephone Numbers

Orford, Gedgrave & Sudbourne Park Good Neighbour Scheme 01394 450235

Orford Village Stores 01394 450204

Orford Surgery Pharmacy 01394 411641

